

NaamSutra

A Name Study

Prepared for the Sharma family · Sample Report · NaamSutra

METHODOLOGY

How we curated these names

Our consultants begin every study by listening. We map the family's linguistic roots, cultural anchors and personal preferences into a shortlist of candidate names. Each name is then evaluated on meaning, sound (rhythm and resonance), global pronunciation, historical usage and modern appeal. Only the names that meet all five lenses make the final report.

Language exploration	Sanskrit, Persian, Global
Cultural resonance	Modern Indian, Diaspora-friendly
Sound & rhythm	Two-syllable, soft consonants
Final shortlist	4 names

TOP RECOMMENDATIONS

Names, chosen with care

Ishaan

Sanskrit · ee-SHAAN

Meaning. The sun; the one who bestows light and prosperity.

Story. In classical Sanskrit, Ishaan is a form of Shiva — the master of the north-east direction of dawn. It has become one of the most globally elegant Indian names.

Nicknames. Ish, Isha, Shan

Similar names. Vihaan, Aarav, Rehaan

Kiaan

Persian / Sanskrit · kee-YAAN

Meaning. King, grace; also 'ancient'.

Story. A name that travels well — resonant in Tehran, Mumbai and Toronto alike. Soft consonants, sharp meaning.

Nicknames. Kai, Kia

Similar names. Rayaana, Ayaan, Zayn

Aavya

Sanskrit · AAV-yaa

Meaning. The first ray of the sun; a pure new beginning.

Story. Modern parents love Aavya for its softness — two syllables, three vowels, and a meaning that speaks of clarity.

Nicknames. Aavi, Avy

Similar names. Anaya, Ahaana, Aarna

Meher

Persian · MAY-her

Meaning. Kindness, grace, benevolence.

Story. One of the rare unisex names that feels both classic and modern. Beloved across cultures.

Nicknames. Mehi, Mehu

Similar names. Noor, Zoya, Sana

FINAL RECOMMENDATION

Our consultant's note

From the shortlist, our lead consultant recommends **Ishaan** — a name that sits gracefully across Indian, European and North American contexts, holds a luminous meaning, and offers a warm, easy nickname (Ish).

Thank you for trusting NaamSutra with something so personal. May this name grow with your child, echoing love, story and meaning.

— *The NaamSutra Team*